Grieving Across BK: A Gathering to Process, Mourn & Pray

Thursday October 12, 2023 - 27 Tishrei 5784

Mi ma’amakim k’raticha Yah
Eli sh’ma koli
Sh’ma tachanunai
- from Psalm 130

From these depths I call out to you, Yah
My Source, My Breath of Life, Listen to my voice
Please hear my humble cries

Acheinu kol beit yisrael, Acheinu kol beit yisrael, han’tunim b’tzara, b’tzara uvashivyah, ha’omdim bein bayam u’vein bayabasha.
Hamakom y’racheim, y’racheim aleihem v’yotziem mitzara lirvacha umei’afaila l’orah umishbud lige’ulah, hashta ba’agala uvizman kariv.

For our siblings, the whole house of Israel, who are given over to trouble or captivity, whether they abide on the sea or on the dry land:

May the All-present have mercy upon them, and bring them forth from trouble to expansiveness, from darkness to light, and from subjection to redemption, speedily and soon.
Ani ve'ata neshaneh et ha'olam
ani ve'ata az yavo’u kvar kulum
Amru et zeh kodem lefanai
lo meshaneh, ani ve'ata neshaneh et ha'olam

Ani ve'ata nenaseh mehahatchalah
yihyeh lanu ra ein davar zeh lo nora.
Amru et zeh kodem lefanai
zeh lo meshaneh, ani ve'ata
neshaneh et ha'olam.

We can change the world,
All it takes is you and me.
We can change the world
Without a doubt, just wait and see

Chorus: Our joining together is the way
To bring about peace.
We can change the world
We’ll do what’s right and never cease

Hamakom yinachem et’chem
b’toch sha’ar avlei tzion
vi’yrushalyaim

May you find comfort
May you find comfort
May you find comfort in love

-Arik Einshtein

May you find comfort
May you find comfort
May you find comfort in love

-music by Aviva Chernick
למהלמה ההאחרונה
אני מבטיח לך, ילדה שלי קטנה
שזאת תהיה הלמה ההאחרונה.
בשם התותחנים אשר ברסק הפגזים
היו עמוד האש לאורך החזית,
בשם חובשים רופאים שבנפשם
ומאודם החזרו רוח וחיים,
השיבו דם.
בשם הקשרים אשר קולם קרע לילות,
בשם כל הגייסות והחילות,
בשם כל האבות אשר הלכו לקרב נורא
ואשרים лечוב אליך חזורו -

חוגו: Ani mavti'ach lach, yalda sheli k'tana
Shezot ti'hyeh hamilchamah ha'acharonah

Beshem hatot'chanim asher beresek hap'gazim
Hayu amud ha'esh le'orech hachazit
Beshem chovshim rof'im shebenafsham
ume'odam
Hichziru ru'ach vechayim, heyshivu dam

Beshem hakesharim asher kolam kara leylot
Beshem kol hagayasot vehachayalot
Beshem kol ha'avot asher halchu lakrav nora
Vesherotzim lashuv eleyich chazara

The Last War

For the artillerymen who, in the hailstorm of mortars
Stood like a pillar of fire along the frontline,
For the medics [and] doctors who, with all their soul and strength
Restored breath and life itself, returning blood.

For the signalmen whose voice cut through the nights,
For all the forces and women soldiers,
For all the fathers who went into battle
And want to return home to you...

I promise you - my little girl,
That this will be the last war.
Music and lyrics by Dov Seltzer and Chaim Hefer
Psalm 121

A song for ascents. I turn my eyes to the mountains; from where will my help come?

My help comes from Hashem, maker of heaven and earth.

Hashem will not let your foot give way; your guardian will not slumber;

See, the guardian of Israel neither slumbers nor sleeps!

Hashem is your guardian, Hashem is your protection at your right hand.

By day the sun will not strike you, nor the moon by night.

Hashem will guard you from all harm; God will guard your life.

Hashem will guard your going and coming now and forever.

Psalm 130

A song of ascents.

Out of the depths I call You, Hashem. Hashem, listen to my cry; let Your ears be attentive to my plea for mercy. If You keep account of sins, Hashem, who will survive? Yours is the power to forgive so that You may be held in awe. I look to Hashem; I look to God; I await God’s word. I am more eager for Hashem than watchmen for the morning, watchmen for the morning.
O Israel, wait for Hashem; for with Hashem is steadfast love and great power to redeem. It is God who will redeem Israel from all their iniquities.

Questions for Reflection/Sharing In Small Groups

❖ In this moment, my heart is breaking for…
❖ In this moment, I am thinking of…
❖ In this moment, I am praying for…
❖ In this moment, I am feeling…
❖ In this moment, I’m wanting to …

Small Group Communication Guidelines*

1. I will speak for myself, not as a representative of a group. I will not ask others to represent, defend or explain an entire group. I will make ‘I’ statements rather than ‘we’ or ‘you’ statements.

2. I will avoid making broad generalizations and grand pronouncements. Instead, I will connect what I know and believe to my experiences and particular sources of information.

3. I will express my different viewpoints in a thoughtful manner and without an insulting spirit. I will keep in mind my goals of learning and reflection. I may respectfully disagree with others, but I will resist the urge to persuade them to “my side.”

4. I will listen with resilience, “hanging in” when I hear something that is hard to hear. I will take personal time if I find that I am no longer able to listen with a clear mind and an open heart.

5. I will share airtime and refrain from interrupting others, except to indicate that I cannot hear a speaker. I will participate within the time frames suggested by the facilitators. I will avoid making lengthy statements and will not argue with other participants in connected conversation.

6. Individuals who would like to make sure that what they share remains confidential will explicitly indicate that to listeners. Listeners will make sure to respect this by not quoting this person with any identifying information.

7. I will ask questions from a place of genuine curiosity and in service of the asked.
Mourners Kaddish

Yitgadal v'yitkadosh sh'meih raba. B'alma di vra chiruteih, vyamlich malchuteih b'chayeichon uv'yomeichon uv'chayeih d'chol beit yisra-eil, ba-agala uvizman kariv, vimru amein. Y'hei sh'meih raba m'varach l'al'amei al'maya.

Yitbarach v'yishtabach vyitpa-ar vyitromam vyitnasei vyithadar vyitaleh vyithalal sh'meih d'kudsha b'righ hu, l'eila mi kol birchata v'shirata tushb'chata v'nechemata, da-amiran b'al'ma, vimru amein. Y'hei sh'lama raba min sh'maya, v'hayim aleinu v'al kol yisra-eil, v'al kol yoshevei tevel, vimru amein.

*Adapted from Encounter's Communication Guidelines, inspired by the 2004 Public Conversations Project.*
| Oseh Ha-shalom bimromav, hu ya-aseh               |                              |
| shalom aleinu v'al kol yisra-eil v'al kol     |                              |
| yoshevei tevel, vimru amein.                    |                              |

Glorified and sanctified be God's great name throughout the world which God has created according to Divine will. May God establish God’s kingdom in our lifetime and during our days, and within the life of the entire House of Israel, speedily and soon and say, Amen. May God’s great name be blessed forever. Blessed and praised, glorified and exalted, extolled and honored, adored and lauded be the name of the Holy One, blessed be God, beyond all the blessings and hymns, praises and consolations that are ever spoken in the world; and say, Amen. May there be abundant peace from heaven, and life, for us and for all Israel and for all dwellers of the earth; and say, Amen. The One who creates peace in His celestial heights, may also create peace for us and for all Israel for all dwellers of the earth; and say, Amen.
The Diameter of the Bomb
by Yehuda Amichai

The diameter of the bomb was thirty centimeters
and the diameter of its effective range about seven meters,
with four dead and eleven wounded.
And around these, in a larger circle
of pain and time, two hospitals are scattered
and one graveyard. But the young woman
who was buried in the city she came from,
at a distance of more than a hundred kilometers,
enlarges the circle considerably,
and the solitary man mourning her death
at the shores of a country far across the sea
includes the entire world in a circle.
And I won’t even mention the howl of orphans
that reaches up to the throne of God and
beyond, making
a circle with no end and no God.
May the Source of Peace inspire us to make peace
for ourselves,
for our community,
and for all the people on earth.
And let us say, Amen.

-hu ya’aseh shalom aleinu
v’al kol Yisrael
v’al kol yoshvei tevel
v’imru amen

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Hatikva

Kol od balevav penimah,
Nefesh yehudi homiyah,
Ulefa-atei mizrach, kadimah,
Ayin letziyon tsofiyah.

Od lo avdah tikvateinu
Hatikva bat shnot alpayim,
Lihyot am chofshi be-artzeinu,
Eretz tzion, virushalayim.

As long as in the heart within,
The Jewish soul yearns,
And toward the eastern edges, onward,
An eye gazes toward Zion.

Our hope is not yet lost,
The hope that is two-thousand years old,
To be a free nation in our land,
The Land of Zion, Jerusalem.